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# NAMI Scott County

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*Scott County's Voice on Mental Illness*

*September 2006*

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## Detour to Wellness: Recovery and Bipolar Disorder

Saturday, September 23, 8:45 am: Lizzie Simon, author of DETOUR: My Bipolar Roadtrip in 4-D, will speak to keynote the Occupational Therapy Student Conference at St. Ambrose University Rogalski Center Ballroom. NAMI Scott County is a sponsor, and all are invited to attend. (There will be no meeting Monday, September 18)

### *President's message*

## Fall is a busy time for NAMI

Well, it is back to school time already. Where did the summer go? NAMI Scott County will celebrate the end of summer with one last picnic on Sunday, September 17, 2006, from 3-6 pm at Devil's Glen Park, Pavilion #2. This picnic is for consumers and family members, everyone is welcome. There will be food (burgers/hot dogs) and all your picnic favorites. We will have games and live music! Hope to see you there!

With the end of summer comes fall and the excitement in NAMI Scott County begins to build in our preparation for the annual Celebration of Recovery dinner and candlelight ceremony. This year our keynote speaker is Suzanne Vogel-Scibilia, the NAMI National President. The event is always well attended and we anticipate this year will be no different. One thing which has changed is the location of the celebration. This year we will be at the Isle of Capri conference center, as the Blackhawk Hotel was severely damaged by fire last spring. Other events during Mental Illness Awareness Week include

an educational program for clergy at Grace Lutheran Church on Tuesday, October 3, 2006, and a dance at District 22 on Thursday evening to round out the week of mental illness awareness. If you are interested in RSVP'ing for the Candlelight dinner, please do so by Friday, September 29, by calling Connie Williams at 322-6247 ext 224.

Other events in October to be aware of are the start of NAMI Walk planning meetings. Interested in volunteering to help with the planning of next year's walk? Please contact me at [UrishChristineK@sau.edu](mailto:UrishChristineK@sau.edu) This annual event requires a year of planning and we need many people to make it successful. Join us, won't you?

On October 10 & 11, the 2006 *Mental Health Conference: The Road to Recovery* will be held at the Iowa State Center, Schemann Building, Ames, IA. For more information, call (515)633-0341 or email [mhconference@mchsi.com](mailto:mhconference@mchsi.com). The website is [www.iowapsych.org](http://www.iowapsych.org)

The end of the fall season is marked by the NAMI Iowa Annual Meeting & Conference. A brochure will be available shortly, please mark the dates for this event: November 30-December 1, 2006. Please check the NAMI Iowa website at <http://www.namiiowa.org> for more details

Respectfully submitted,  
*Christine Urish*  
President  
NAMI Scott County

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## NAMI Scott Last Picnic for the Year

On September 17 the final NAMI Picnic will be held at Devil's Glen Park in Bettendorf.

The picnic will be held in the shelter at the top of the hill from 3:30-6:00. Good food, bingo, and games will be part of the fun. Join us in fellowship. Contact: Connie Williams at 322-6247 Ext. 224 for ride information.

## *Celebrate the Journey to Recovery Dinner Wednesday October 4*

Plan to attend the Celebrate the Journey to Recovery dinner set for Wednesday, October 4, at the Isle of Capris Conference Center Ballroom in Bettendorf, Iowa. Reservations for the dinner will be accepted until Friday, September 29. (Call Connie Williams, 322-6247 ext. 224)

The event is sponsored by NAMI Scott County, NAMI Rock Island and Mercer Counties, Vera French Foundation, Transitions, River Valley Coalition for Mental Health, Scott County Medical Alliance, and Robert Young Center.

The keynote speaker will be Dr. Suzanne Vogel-Scibilia, President of the National Alliance on Mental Illness. Dr. Vogel-Scibilia is a psychiatrist who is diagnosed with a bi-polar disorder.

An art show by local artists will be part of the festivities. This year a special group of acrylic paintings with the theme of "the face of mental illness" will be displayed and available for purchase. For more information about the art show, contact Jim Purcell, 505-9352.

The Celebrate the Journey to Recovery event will be from 6 to 9 pm, with dinner buffet at 6:15. Paul Yeager of KWQC will be Master of Ceremonies.

The following night there will be a Recovery Dance from 6 to 9 pm at District 22, which is at 2200 3rd Ave., Rock Island. It is free to all who attend.

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## Mental Health Resource Conference for Church Leadership

NAMI Scott County is a sponsor of the 2006 Mental Health Resource Conference for Quad Cities Church Leadership, to be held Tuesday, October 3, at Grace Lutheran Church, Davenport.

Presenters and sessions include:

9:15: Janet Darmour-Paul, Coordinator, *In Our Own Voice*

10:30: Anna Goodwin, MPS, on *Spirituality and Mental Illness*

12:30 A: *Hearing Voices that Are Distressing*, Connie Williams and Greg Paulline

B: *Overview of NAMI Scott County Education Programs*, with Christine Urish and Sharon Kendall Dunn on Family to Family; Alice Thiermann and Lance Baker on Peer to Peer; and Rader Hayes and Robin Plocher on Visions for Tomorrow.

2 pm: A and B will repeat

3 pm: Stigma Busters Westbrook Players.

### NAMI Scott County

Christine Urish, President, 333-6281  
Dana Beneker, Vice President, 355-5502  
Anne Corbi, Secretary, 322-6554  
Greg Paulline, Treasurer, 322-5276

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Website: [namiscottcounty.org](http://namiscottcounty.org)

**Family Support Group:** 4th Monday each month at 7 pm at Unitarian Church, 3707 Eastern Ave., Davenport, Iowa

**NAMI-C.A.R.E. Consumer Support Group:** 2 to 3:30 pm the first and third Sundays of each month at Vera French Manor Community Room, 215 W. 37th St., Davenport, Iowa

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## Reading of Children's Book in Library

Mary Dailey will read Anger Mountain by Bryna Hebert in the Davenport West Library on Fairmount Street on October 3, as part of the observance of Mental Illness Awareness Week. The book is for children in kindergarten through 5th grade. The reading will be from 6 to 7 pm.

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## Be in contact with NAMI Scott County by email

Please send your email address to Greg Paulline at [ghpaulline@namiscottcounty.org](mailto:ghpaulline@namiscottcounty.org).