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# NAMI Scott County

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*Community Voice on Mental Illness  
Empowering People toward Recovery*

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*April, 2007*

Dr. Ben Biermann, psychiatrist at Vera French Community Mental Health Center, will speak on *Suicide Prevention: Saving Lives one Community at a Time*

Monday, April 16, at 7 pm in the Bettendorf Library

*President's message*

## Is your team organized yet?

NAMI Walk coming soon! Do you have your team formed yet? How's your fundraising letter going? I'm encouraging all NAMI members to come out and walk to support NAMI on Saturday May 5, 2007, at Credit Island Park. You can easily set up a team online and use the internet to raise money for your team as well. You can get information and instructions for this at <http://www.nami.org>

The kickoff luncheon was wonderful! Thanks to all that attended. There were 193 people there ready to get their teams started and raise awareness for NAMI. I'm still thinking that Team Ambrose will be the biggest team, but I know I have some pretty stiff competition from Vera French, Transitions and a couple of other teams. We are all vying for the new largest team trophy. My sincere thanks continues to go out to our excellent walk managers, Greg and Teri Paulline and the dedicated walk planning committee. This event certainly doesn't happen without numerous volunteers. Want to help? Please

contact Greg at [namiwalkscottcounty@mchsi.com](mailto:namiwalkscottcounty@mchsi.com) I look forward to a big crowd and many large teams on May 5!

Thanks to the advocacy committee. Our hats are off to the advocacy committee members and other NAMI members and board members who've been attending the Legislative Forums to advocate for changes in the funding formulary for mental health services in Scott County. A huge debt of gratitude goes out to Lori Elam, Scott County CPC. She's been working with legislators all winter/spring to try and facilitate change in the area of funding. Most recently Elesha Gayman indicated that an appropriations bill would be coming through the legislature for mental health funding. Make sure to stay in contact with your elected officials and advise them that we need this funding, without it many individuals and families lose services.

Respectfully,  
*Christine Urish, President  
NAMI Scott County*

## Lance Baker receives award from Governor

Lance Baker received the Advocate of the Year Award from ID Action on April 4 in Des Moines. Governor Chet Culver presented the award to Lance, because ID Action (Iowans with Disabilities in Action) is part of the Governor's Developmental Disabilities Council. Lance is chair of the NAMI Scott County Advocacy Committee, which has made several trips to Des Moines this legislative session in support of mental health funding for Scott County.

## ***Mind & Body***

**The River Valley Coalition Mind & Body Conference will be held Wednesday, May 23, at The Lodge in Bettendorf. Perry Hoffman, Ph.D., will be the Keynote Speaker.**

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## Pizza Party April 21

There will be a NAMIWalks Pizza Party Fund Raising event on Saturday, April 21, at Old Chicago, 3030 Utical Ridge Road from 12 to 4 pm.

**Purpose: NAMIWalks Team Captain Fund-Raising Party** is a great way for team captains to raise funds on behalf of their Walk team! Encourage your friends, family and business associates to stop in and join us for lunch and enjoy good food and good company. For a **\$10.00 donation**, receive your choice of refreshment (pop or beer) and pizza!

**Contact:** Greg or Teri at 388-9068 or at [namiwalkscottcounty@mchsi.com](mailto:namiwalkscottcounty@mchsi.com)

## Miss Scott County is raising money for children's hospitals

Emily Slavens, Miss Scott County, the young woman who made a presentation at the NAMIWalks Kickoff Luncheon March 24 about her platform to draw attention to the illness of depression, is asking for NAMI Scott members' help. As part of the Miss Iowa Pageant, she is raising money for the Children's Miracle Network to help children's hospitals. To find out how make a donation in her name, email her at [emily-slavens@uiowa.edu](mailto:emily-slavens@uiowa.edu)

### NAMI Scott County

Christine Urish, President, 333-6281  
Dana Beneker, Vice President, 355-5502  
Anne Corbi, Secretary, 322-6554  
Greg Paulline, Treasurer, 322-5276

Local Voice Mail: 1-888-491-9267  
NAMI Scott Address: P.O. Box 3803,  
Davenport IA 52808  
Website: [www.namiscottcounty.org](http://www.namiscottcounty.org)

**Family Support Group:** 4th Monday each month at 7 pm at Unitarian Church, 3707 Eastern Ave., Davenport, Iowa

**NAMI-C.A.R.E. Consumer Support Group:** 2 to 3:30 pm the first and third Sundays of each month at Vera French Manor Community Room, 215 W. 37th St., Davenport, Iowa

## Mental Health Chaplain in Residence April 21 to 25

A Mental Health Chaplain-in-Residence program will be cosponsored by NAMI Scott County from April 20th to 25th. Craig Rennebohm, D.Min., will be visiting area churches and mental health programs and will provide training to help lay people grow in their capacity to serve their neighbors who are homeless, isolated, alone, and ill.

Janet Darmour-Paul, coordinator of In Our Own Voice, and Anna Goodwin, facilitator for NAMI C.A.R.E., who recently joined the NAMI national staff as Regional Manager for the Consumer Support Group Project, are organizing the activities of the visit.

Dr. Rennebohm is a United Church of Christ minister, parish pastor, and founder of the Mental Health Chaplaincy. For the last 20 years, he has done outreach on the streets of Seattle with individuals who are homeless, served as a chaplain on the mental health units at Harborview Medical Center, developed mental health ministries and homeless services in local congregations and has been a teacher, organizer and advocate.

Other cosponsors of the Chaplain-in-Residence are Churches United and St. Ambrose University. The first event will be a Welcome Reception on Friday, April 20.

On Saturday, April 21, there will be a Companionship Training and lunch from 9 am to 1 pm at St. Paul Lutheran Church, Davenport. The training is intended to "deepen and develop our capacity for care; help participants acknowledge appropriate limits in service with others; provide a framework for collaboration with other community resources; and explore the unique role of the faith community in serving families and individuals who are on the edge and margins of our life together."

On Tuesday, April 24, there will be a Faith Community Leaders Workshop from 9 am to 12 noon, and from noon to 1:30 pm there will be a Moving Forward Lunch Discussion with Faith Community participants, both at Church of Peace, Rock Island.

On Wednesday, from 9 am to noon there will be a Healthcare and Service Providers Continuing Education program at Robert Young District 22 in Rock Island. Participants will learn how to differentiate between authentic spiritual experience and illness symptoms which take a pseudo spiritual or quasi religious form; explore how patients use a spiritual or religious framework to 'explain' and express their illness experience; and learn how to support an individual in finding appropriate and helpful spiritual practices supportive of healing and recovery.

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