

Peer-to-Peer

Peer-to-Peer is a FREE & unique, experiential learning program for people living with a serious mental illness who are interested in establishing and maintaining their wellness and recovery.

What Do Participants Learn?

- How to prevent relapse
- How to improve quality of life
- Coping skills
- Exercises to calm thinking
- Skills for working with providers & the public
- How to protect your interests



1706 Brady St
Suite 101
Davenport, IA 52803

Registration & Pre-Screening Required!
A P2P mentor will call you.

Need Transportation?
Call our office for assistance:

Phone: 563-322-8870
E-mail: info@namiscottcounty.org

Get on the waiting List!
10 Saturdays, beginning Sept 11th

NAMI Scott County Office
1706 Brady St, Suite 101
Davenport, IA 52803
CALL TO REGISTER: 563-322-8870