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Family-to-Family

for Families of Veterans

NAMI Scott County

National Alliance on Mental Illness

NAMI's Family-to-Family Education Program is a 12-week course for families and friends of individuals living with Major Depression, Bi-Polar Disorder, Schizophrenia, Obsessive Compulsive Disorder, Panic Disorder, Post Traumatic Stress Disorder and Borderline Personality Disorder. The course is taught by trained family members who have chosen to become teachers after being empowered as a result of taking this class. Many family members describe this program as life changing. Join the thousands of families who have gained information, insight, understanding, and empowerment from attending this NAMI signature program.

All course materials are furnished at no cost.

Course Topics Include:

- Family response to trauma
- Diagnosis & dealing with critical periods
- The biology of the brain; emerging scientific discoveries
- Problem solving workshop
- Medication review
- Understanding the inner experience of living with mental illness
- Communications skills workshop
- Self-care
- Rehabilitation; services available
- Advocacy: fighting stigma

For more information, contact
NAMI Scott County at (563) 322-8870

Register for our Fall Tuesday Classes:

September 7—December 7th
6:30pm — 9:00pm

NAMI Scott County Office

1706 Brady St, Suite 101

Davenport, IA

All class participants must register through the office:

Registration ends September 21st

Class size is limited—REGISTER TODAY:

(563) 322-8870

Registered participants will be contacted 1 week before classes begin.

NAMI 30 Years A Remarkable Journey

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